HILLSIDE®
ATLANTA | Healing and Hope for Children and Families

HILLSIDE®
ATLANTA | *Foundation*

Dear Friends

This has been an extraordinary year, both for the challenges it brought, and for the dedication witnessed from our staff members and our supporters in the community. As one difficult circumstance built on another, Hillside faced each challenge boldly and successfully, without sacrificing our core purpose: bringing healing and hope to children and their families. Indeed, the need for our therapeutic services was intensified by the very obstacles we worked tirelessly to overcome.

In 2020, Hillside faithfully served our community, uniting each day to provide the best mental healthcare available. We leaned on our knowledge and expertise. We leaned into teamwork. We leaned on each other. We were lifted up by extraordinarily generous supporters. Today, we stand as strong and determined as we have at any time in our 133-year history.

We extend our utmost gratitude to our donors and volunteers, who prioritized our vital work during a year when each of us had our own burdens, anxieties and disruptions. The accomplishments you see in this report are a testament to your support. Thank you for continuing to fight for the kids and families who need it most!

Sincerely,

Emily R. Acker
President & CEO

Lance Stafford
Board Chair

Introducing

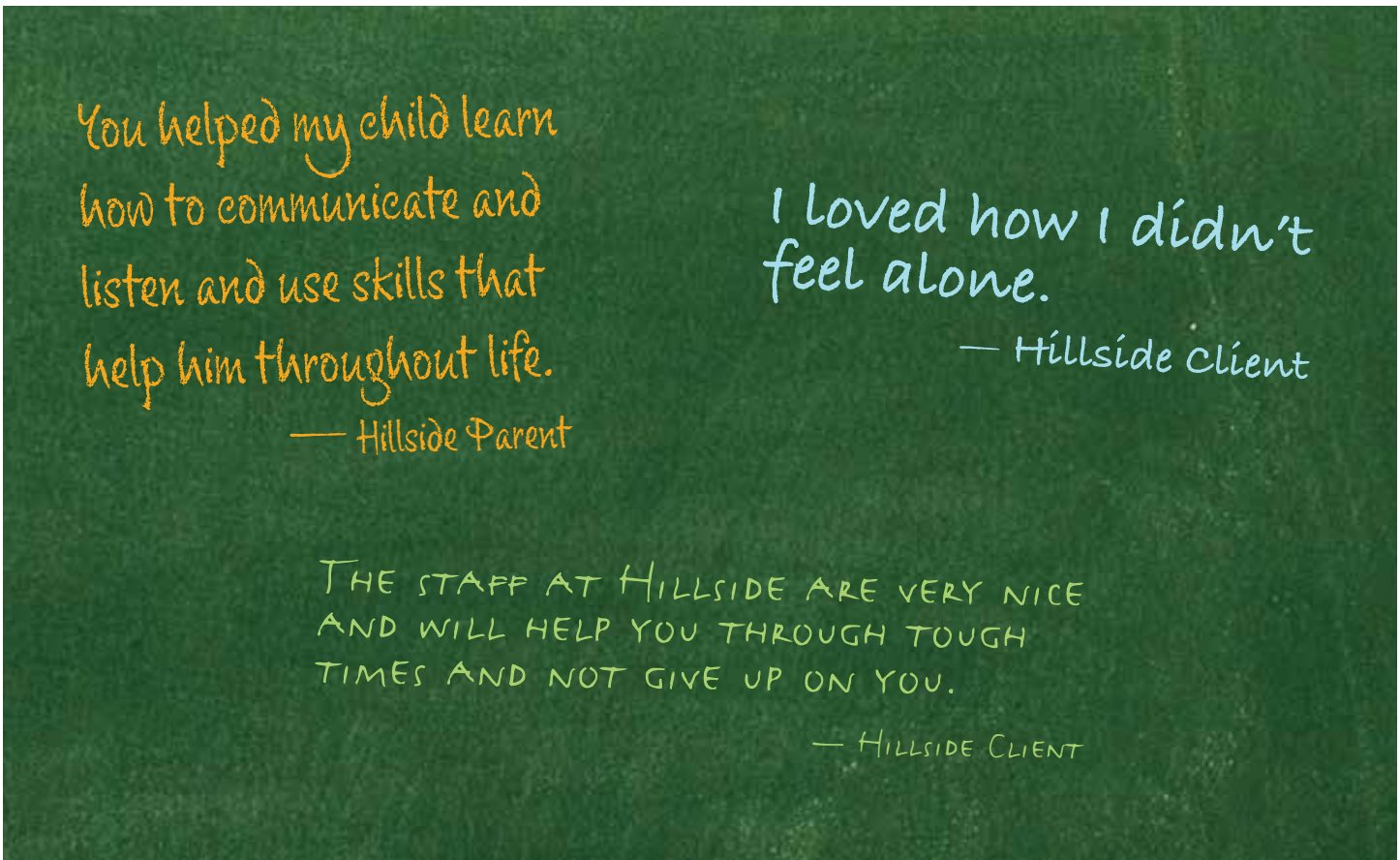
the Hillside Atlanta Foundation

Founded in 2020, the Hillside Atlanta Foundation helps Hillside give hope to children and their families, ensuring that every Hillside child has all the time and treatment they need to heal and flourish. The foundation supports innovation and professional development to keep Hillside at the forefront of child and adolescent behavioral health care and works to share Hillside's lifesaving and life-changing expertise with communities throughout the region and healthcare professionals from around the world.

The Hillside Atlanta Foundation helps Hillside rise to new challenges by providing scholarships for children, professional training for all the doctors and staff, and funding research and innovative new treatments. The funds the foundation raises also help expand access to quality treatment across the state and region.

The Hillside Atlanta Foundation exists so that Hillside remains at the forefront of child and adolescent behavioral health care. So that communities can break the cycle of inadequate treatment. So that families can be strong and whole again. And so that every Hillside child receives the help they need to heal and succeed.

Join us today as we #ReframeMentalHealth



From Surviving to Thriving

We are proud to share the story of Nova, a young lady who received treatment from Hillside and was able to transform a painful past into a bright future.

At a young age, Nova suffered sexual abuse. Unable to process her trauma and the emotional response, she became outwardly aggressive, started engaging in risky behaviors, and even ran away from home. Desperate for help, her family sought treatment at Hillside. Nova enrolled in the residential program, where she and her family began developing and practicing DBT skills. These skills empowered her to finally reveal the painful history of abuse that she had kept hidden from her parents.

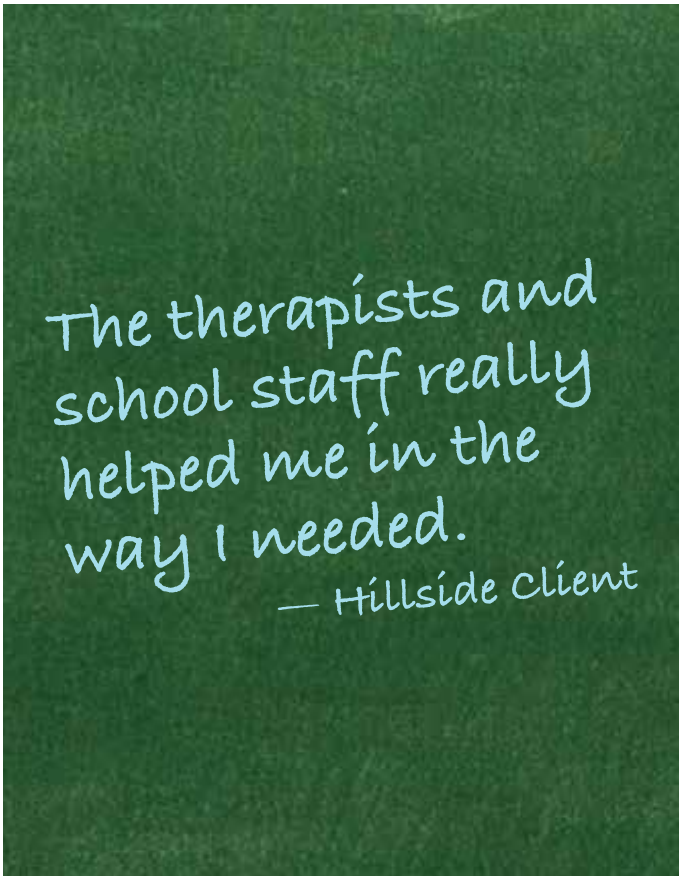
Now able to communicate openly and effectively, the family grew closer and began to repair and rebuild. Meanwhile, Nova transitioned from the more intensive residential program to Hillside's community-based, in-home services. She no longer felt controlled and overwhelmed by her emotions, and she was able to visualize and focus on a fulfilling future. Music has played a large part in her recovery and she uses her love of writing and performing to express her emotions and share her experiences in order to help others.

Nova recently obtained her diploma and is focused on pursuing her career. She intends to serve her community by becoming a Trauma Nurse. Hillside has changed the trajectory of Nova's life and given her a set of tools that will not only help her survive, but to thrive.

Building Brighter Futures

In 2020, the adolescents served by Hillside's Connections Therapeutic Foster Care Program accomplished exceptional academic achievements in their senior years of high school. In the United States, the overall graduation rate for foster youth fell from 64.6% in 2019 to 55.3% in 2020. This compares to an overall graduation rate of 87.3% for all other students this year. In the 2019-2020 academic year, Connections had 100% of our seniors graduate. Behind these numbers are incredible individual successes. We are excited to share the stories of two teens in Connections: Jeremiah and Alex.

Jeremiah came to our program in 2016 with a history of academic struggles. In the middle of his sophomore year, his mental health challenges began to intensify to the point that he was hospitalized for several months and diagnosed with schizophrenia. Adjusting to life with his new diagnosis while trying to catch up in school was challenging for Jeremiah. He persisted by applying himself diligently, enrolling in credit recovery classes and taking extra tutoring sessions on weekends. After three years, Jeremiah was able to graduate from high school in 2020. He is now working full-time and will soon begin his residential career training program.



Alex came to our program in 2016 with a history of being disruptive in class and receiving failing grades. While in Connections, he took time to get adjusted to his new home and his new school. By his junior year, he had excelled to Student of the Year. This was an extraordinary achievement for a student who had previously developed a reputation for walking out of class and refusing to complete assignments. By his senior year, he was excelling in all of his classes. He graduated high school on schedule and then went on to enroll in Athens Technical College! His academic success has continued in college, and he is even working part-time.

We are so proud of our graduates and the odds they have overcome to continue to excel into young adulthood. When barely 55% of youth in foster care graduate from high school, this is an outstanding accomplishment for our young people, a testament to their hard work, and the dedication of our Foster Parents and Connections staff members. We are so grateful to celebrate determination and resilience!

Hills Heroes Work Here
THANK YOU TO ALL OF OUR STAFF

NERF
NERF

91%

of the kids would rate the quality of service received as GOOD or EXCELLENT

EACH
Relax

81%

of the kids felt the program met MOST or ALMOST ALL of their needs

The Numbers...

Residential Treatment Program

Service Revenue	13,854,102	79.34%
Department of Education	1,509,602	8.65%
Contributions, Grants, and Other Sources	1,937,520	11.10%
USDA	159,910	0.92%
	17,461,134	100.00%

Partial Hospitalization & Intensive Outpatient

Service Revenue	793,698	100.00%
	793,698	100.00%

Community Intervention Program

Service Revenue	1,372,909	89.15%
Contributions, Grants, and Other Sources	167,016	10.85%
	1,539,925	100.0%

Therapeutic Foster Care Program

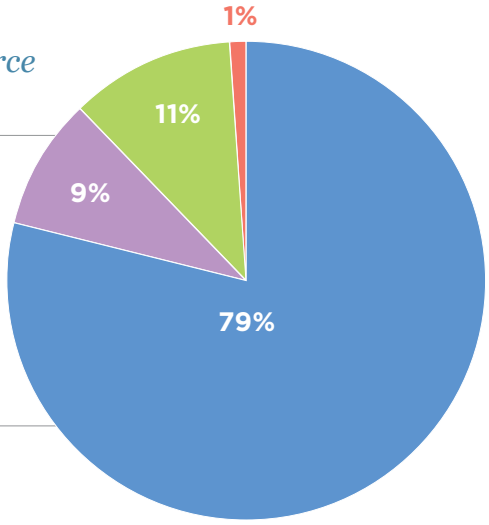
Service Revenue	1,092,366	99.49%
Contributions, Grants, and Other Sources	5,551	0.51%
	1,097,916	100.00%

Total

Intensive Residential Treatment Program	17,461, 134	83.57%
Partial Hospitalization & Intensive Outpatient Program	793,698	3.80%
Community Intervention Program	1,539,925	7.37%
Therapeutic Foster Care Program	1,097,916	5.26%
Total Support And Revenue	20,892,673	100.00%

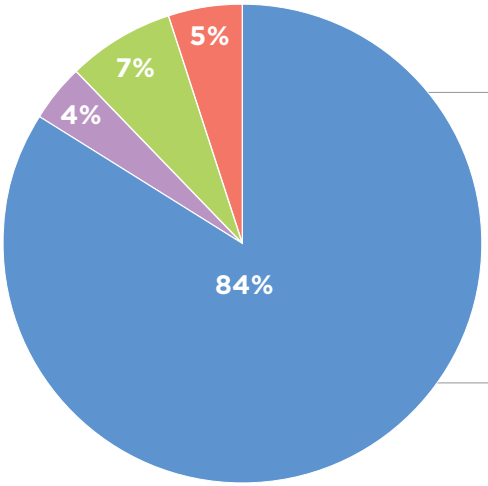
Residential Treatment Program Funding by Source FY 2019/20

- Service Revenue
- Department of Education
- Contributions, Grants, and Other Sources
- USDA



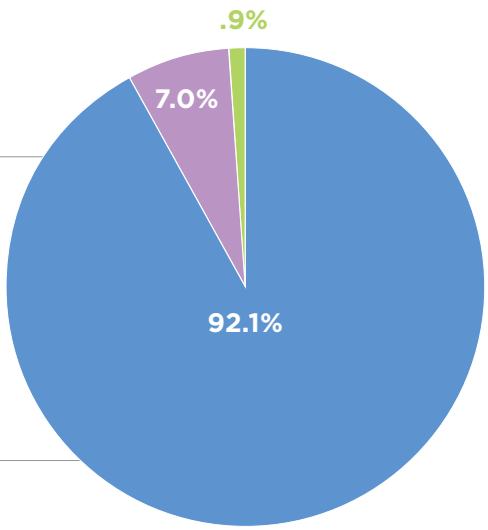
Total Revenue by Program FY 2019/20

- Intensive Residential Treatment Program
- Partial Hospitalization & Intensive Outpatient Program
- Community Intervention Program
- Therapeutic Foster Care Program



Agency Expenditures by Type FY 2019/20

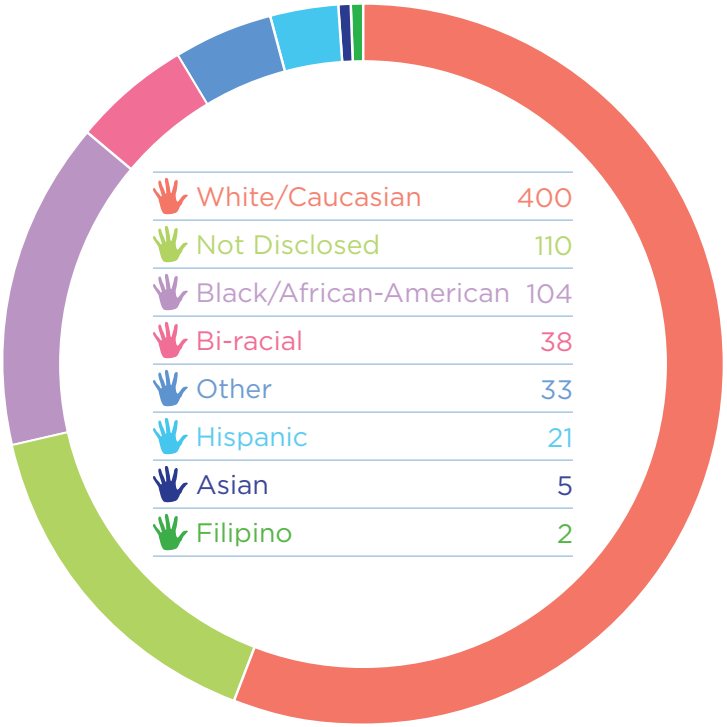
Program Services	18,199,964	92.1%
Management & General	1,385,582	7.0%
Fundraising	171,415	0.9%
Total Spending	19,756,961	100.0%



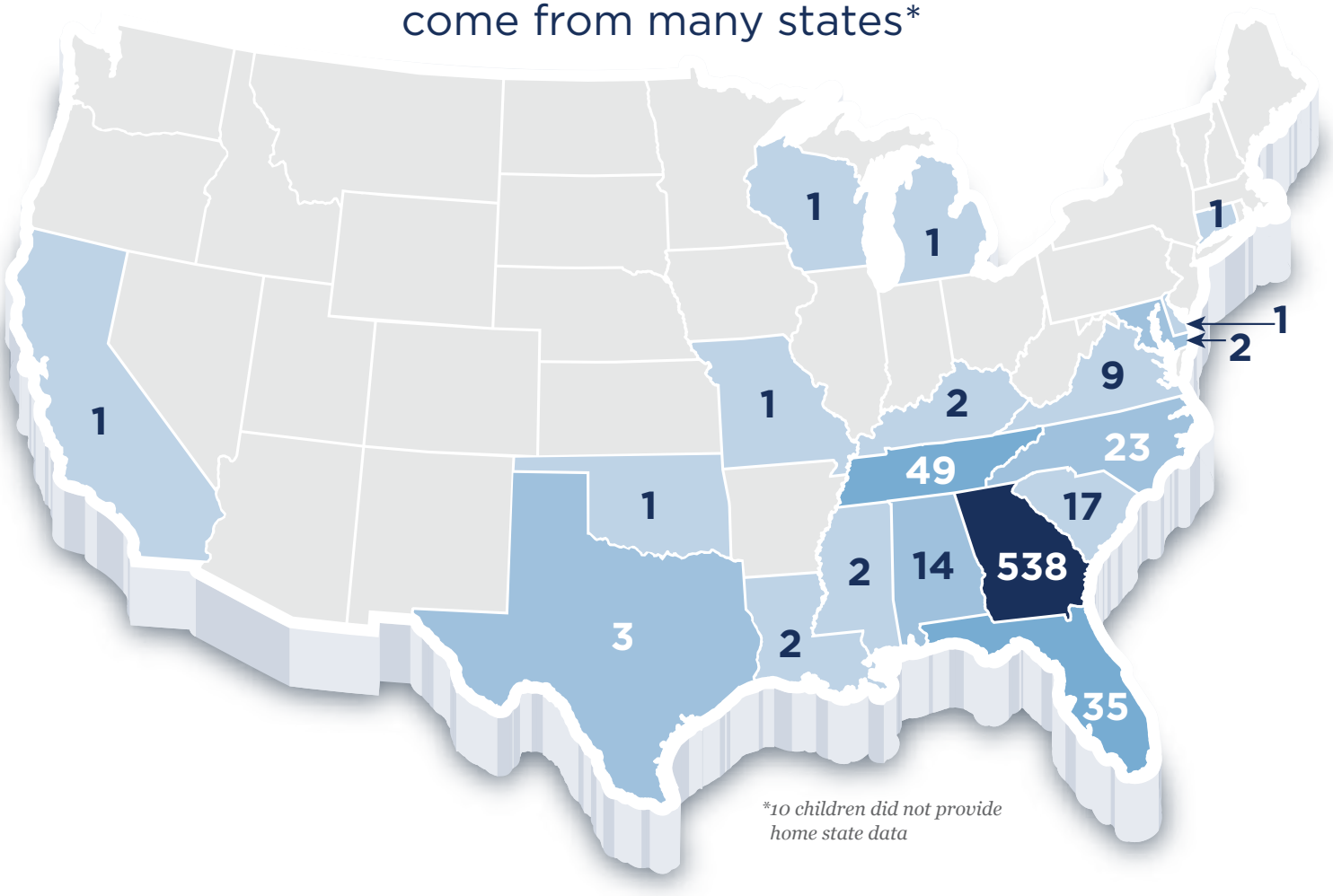
Hillside Kids

Total Kids Served

713



come from many states*



*10 children did not provide home state data

vary in age*

*12 children did not provide a birth date

At Hillside, Clients Learn Skills to...

- **Better regulate their emotions**
- **Cope with negative feelings and moods**
- **Better manage irritability**
- **Be more compassionate with themselves**
- **Be more compassionate with others**
- **Be more mindful**

*Skill Improvement**

97% of clients improved in one or more of these skill areas

89% of clients improved in two or more of these skill areas

75% of clients improved in three or more of these skill areas

*Based on data of clients in residential treatment for the duration of Hillside's median length of stay.

Primary and Co-occurring Diagnoses Among Clients Served at Hillside

Depression	**65%**
Anxiety Disorders	**39%**
ADD and ADHD	**44%**
Disruptive Mood Dysregulation Disorder	**25%**
PTSD and Other Trauma-and Stressor-related Disorders	**20%**
Bipolar Disorder	**10%**
Oppositional Defiant Disorder and Conduct Disorder	**12%**
Schizophrenia	**6%**

Primary and co-occurring diagnoses among clients served at Hillside

Bipolar Disorder

Schizoaffective Disorder

Schizophrenia

Brief Psychotic Disorder

DEPRESSION

Oppositional Defiant Disorder & Conduct Disorder

Intermittent Explosive Disorder

Disruptive Mood Dysregulation Disorder

Reactive Attachment Disorder

PTSD

Adjustment Disorder

ADD & ADHD

Other Neurodevelopmental Disorders

Panic Disorder

Separation Anxiety Disorder

ANXIETY DISORDERS

Social Anxiety Disorder

Personality Disorder Traits

Other Disorders

Substance Use Related Disorders

Obsessive Compulsive Disorder

Dissociative Identity Disorder

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Business & Foundation Support

$100,000 and Above

Fulton County Dept. of Community Development
Lattner Family Foundation, Inc.
United Way of Metropolitan Atlanta

$25,000 to $99,999

Atlanta Public Schools
Buckhead Rotary
Foundation For A Better World
John and Mary Franklin Foundation
Kiwanis Club of Atlanta
The Community Foundation for Greater Atlanta, Inc.
The Waterfall Foundation, Inc.

$10,000 to $24,999

Atlanta Foundation
Bobbie Bailey Foundation
Edna Wardlaw Charitable Trust
Jesse Parker Williams Foundation
John and Polly Sparks Foundation

$5,000 to $9,999

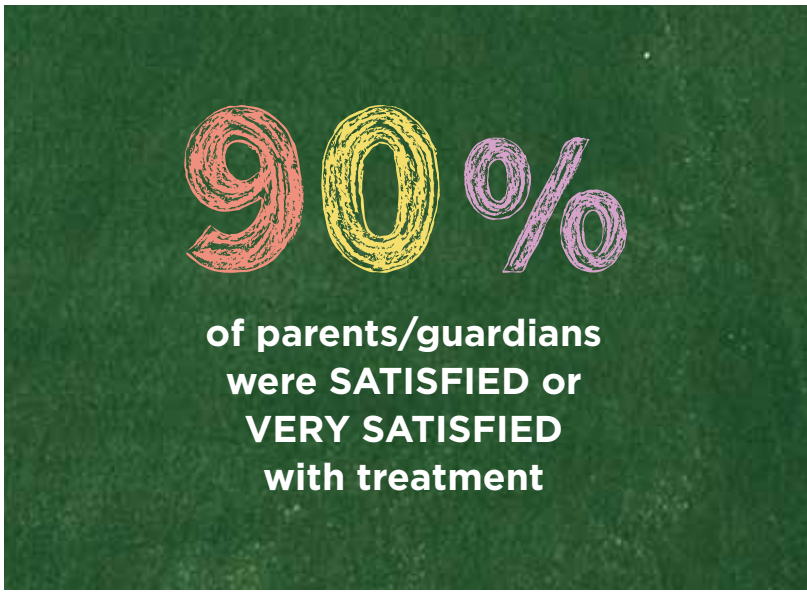
Virgil P. Warren Foundation
Whitehead Children's Christmas Fund
Yates Insurance Agency

$1,000 to $4,999

AGC of Georgia Foundation
Amerigroup
Auction Management Corporation
BOMA Georgia
Franzen and Salzano
Georgia-Pacific
Global Systems of America
Gray Contracting
Intown Revival Construction, Inc.
King & Spalding
Lois and Lucy Lampkin Foundation
Mayberry Electric, Inc.
Northside Kiwanis Foundation
Paint Applicators
REEF Parking
SERVPRO of Decatur
Sightline
STASCO Mechanical
SunTrust Bank Foundation
Tull Charitable Foundation, Inc.
UBS Business Solutions

$1 to $999

Accesso Services
Aerotek
Amazon Smiles
AT&T
Atlanta Hospital Hospitality House
Atlanta Northlake Elks Lodge 78
Atlanta Womans Club
Bank of America Foundation
BOS Security, Inc.
Box Tops for Education
Campbell Soup Company
Capital City Mechanical Services Inc.
Capstone Advancement Partners
David's Garden
Dekalb Neurology Group, LLC
Dove Contracting, Inc.
Expect Compliments, LLC
Gill Heating and Air Conditioning Inc.
HighGrove Partners, LLC
KONE, Inc.
LCG Associates, Inc.
McGuire Sponsel
NJS Fashion Handbags
Parker Young Construction
Patrick Financial Group
Plus One Dental Associates
Realty Trust Group
Rose Garden Club
Thread for Therapy
Trouble Clothes, Inc.
True Believers Ministries



Individual Support

$20,000 and Above

Anonymous
Hillside Staff

$10,000 to $19,999

Catherine Dukehart
Richard Schweitzer

$5,000 to $9,999

Kerstin and Howard Benden
Betty Case
Catherine Dukehart
Tom Gay
Margaret and Arthur Grigorian
Ellen and David Herold
Mary and Bob Hughes
Rosalinda and Donald Ratajczak

$1,000 to $4,999

Emily and Brian Acker
Anita and Tom Adams
Stacey and Ron Alston
June Bishop
Kim and Dan Bohlayers
Sally and Reynolds Couch
Katie Downs
Susan and Daniel Drechsel
Mark Dukes
Tim Flynn
Lynda Griffin
Chad Hutchison
Margaret Ingraham
Kristi and Charlie Ivey
David Johnson
Judy and Tom Jones
Michele and Ian Lloyd-Jones
Cartha O'Hare
Ebru and Allen Sautter
Marie and Lance Stafford
Mary-Crawford Taylor
Kimberly and John Thornton
Betsy and Chris Wilson

$1 to $999

Susan Adams and Todd Iwanicki
Maggie and John Adams
Phyllis Anderson
David Armitage
Britney Baker
Tom Barrow
John Bell
Irma Best
Laure Biel
Heidi and Daniel Boland
Sidney and Robert Boozer
Chelisa Boyd
Mary Brittain
Barbara and Leslie Callahan
Mary Carpenter
Barbara Cleveland and Stan Jones
Janice Coleman-Williams
Linda and Dean Copeland
April Coston-Downs
Hadyn and Mike Culbertson
Dean Dellinger
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Robert Jones
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Joyce Kelly
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Nova and Mark Kopp
Allison Kretchman
Carol Lehan
Carol Levinson
Gail and John Lewin
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Peggy Waterfall
Jinny Welch
George White
Judy and George Wieder
Megan Willett
Glenn Williams
Brice Williams
Laurie Williams
Jenifer Wright
Kristin Zinser

Support Us

For children and families struggling with mental and behavioral challenges,
Hillside provides the most powerful antidote: *Healing and Hope.*

We need your support to continue providing children and families with Healing and Hope.
Your donation is vital to Hillside's ability to expand, enhance and evolve our impactful services.
We rely on generous support from the community to deliver life-changing care to Georgia's children and families. Thank you for contributing to our important work!

HillsideATL @HillsideATL hillside-inc hillsideatl hside.org

Hillside prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation and marital or family status.

HILLSIDE®
ATLANTA | Foundation

In support of Hillside Atlanta Foundation, I/we hereby pledge:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

eMail: _____

Visa ☐ Mastercard ☐ American Express ☐

Card No: _____

Expiration Date: _____ CVC: _____

Contributions are tax-deductible.
Please make checks payable to: Hillside Atlanta Foundation | 690 Courtenay Drive NE, Atlanta, 30306
Donate online at www.hillsideatlantafoundation.org/support

pledge form

☐ Enclosed is my contribution of $ _____

☐ I would like to make a pledge of $ _____

☐ I would like to make a monthly donation of $ _____

☐ Please bill my credit card each month on the ☐ 1st or ☐ 15th in the amount of $ _____ / month

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