DAY PROGRAM SCHEDULE

SCHEDULE START 8:00 AM | TIME INTERVAL 30 MIN

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 AM	*Diary Card // Daily Goals*	*Diary Card // Daily Goals*	*Diary Card // Daily Goals*	*Diary Card // Daily Goals*	*Diary Card // Daily Goals*
8:30 AM	**Vulnerability Reduction**	**Vulnerability Reduction**	**Vulnerability Reduction**	**Vulnerability Reduction**	**Vulnerability Reduction**
9:00 AM		**LifeSmart**	**SCHOOL**	**LifeSmart**	**LifeSmart**
9:30 AM	**SCHOOL**				
10:00 AM	**(orientation for new clients)**	**Horticulture [Bohannon]**	**DBT Club**	**SCHOOL**	**SCHOOL**
10:30 AM		**9:50-10:35**	**Production**		
11:00 AM	Compassion Meditation I	Compassion Meditation	Mindfulness	**Rec Therapy**	Mindfulness
11:30 AM	Mindful Eating	**Mindful Eating**	**Mindful Eating**		Mindful Eating
12:00 PM	**Health & Wellness**	**SCHOOL**	**SCHOOL**	Mindful Eating	**SCHOOL**
12:30 PM	**[Entrekin]**			Compassion Meditation	
1:00 PM	**SEE**	**Compassion Skills**	**SEE**	**Extending SEE**	**Recap GAMES**
1:30 PM					
2:00 PM	DBT Core	**DBT Core**	**Art [Smullen]**	DBT Core	**AeDBT**
2:30 PM			**2:05-2:50**		
3:00 PM	**Drumming [Sobhan]**	**Building Mastery**	**DBT Core**	**Problem Solving**	take home skills cards
3:30 PM	**3-3:45**	**Self Esteem**			GROUP FEEDBACK
4:00 PM	Cope Ahead	Cope Ahead	Cope Ahead	Cope Ahead	Cope Ahead
4:30 PM	check-out/pick-up till 5pm	School Homework	check-out/pick-up till 5pm	check-out/pick-up till 5pm	check-out/pick-up till 5pm
5:00 PM					
5:30 PM					