
PRE-ADMISSION REQUIREMENT

Prior to admission to Hillside, we require your child and members of the child's household to practice self-isolation for at least seven days to prevent the spread of COVID-19. Exposure and/or symptoms of illness will result in a delayed admission date. As a congregate care setting, we are committed to maintaining a safe and virus free environment for our kids and employees and your actions prior to admission significantly impact our safety.

Self-isolate by having all members of the household remain at home and distanced from others. Practice frequent handwashing, physically distance, and wear masks when exposed to anyone outside of current household members.

The transmission of COVID-19 occurs from both symptomatic, pre-symptomatic, and asymptomatic individuals emphasizing the importance of education on self-isolation as the spread of the virus can be reduced significantly by having children and families isolated earlier, while waiting for test results or symptom onset. The Centers for Disease Control and Prevention (CDC) models show that when individuals who are tested for the virus are separated from others and placed in quarantine, there can be up to an 86 percent reduction in the transmission of the virus compared to a 40 percent decrease in viral transmission if the person isolates after symptoms arise.

How to best protect yourself from COVID-19



Practise social distancing



Wash your hands regularly



Stay home when you can