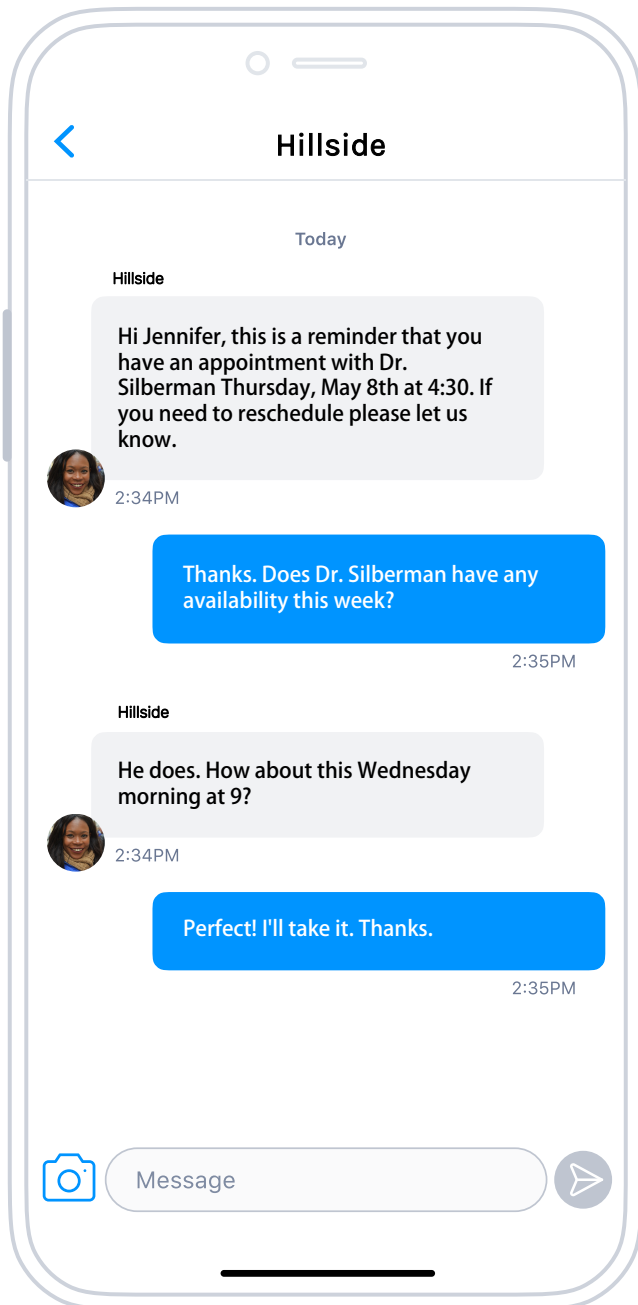


## Secure Text Messaging

Easily message with your Hillside care team



### Download OhMD

*Available on the App Store or Google Play*

### Create Account

*Select Patient/Client as account type*

### Enable Notifications

*When prompted, allow notifications*

### Find Your Provider

*Tap the "New Message" icon, find your provider (Psychiatrist, Nurse Practitioner, Therapist, Program Manager, Family Consultant, Assigned Staff) using search, and connect. Once your request is approved, you'll be able to chat securely.*

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### Need assistance getting started?

We're here to help. [team@ohmd.com](mailto:team@ohmd.com)